



## SOUP AND SALAD

Add a grilled chicken breast 3.99

**Bread Bowl** Chef's daily homemade soup or

Chicken Wild Rice 5.99

**Cup of Soup** 3.99

**Garden Salad** Egg, cucumber, tomato, and onion.

Side 3.99 Full 6.99

**Mandarin Lime** Red onion, cucumber, feta, mandarin oranges, and champagne lime vinaigrette.

Side 4.99 Full 7.99

**Pear Salad** Fresh pears, walnuts, green onions, bleu cheese, red wine vinaigrette Side 4.99 Full 7.99

**Taco Salad** A Crispy tortilla bowl filled with seasoned ground beef or chicken, lettuce, onions, tomatoes, black olives, jalapeno peppers, and shredded cheese, with sour cream and salsa on the side 7.99

### Tuna Salad

Black olives, onions tomatoes on a bed of lettuce 7.45

**Chicken Cobb** Tomato, onion, bacon, bleu cheese, egg, and chicken 8.99

**Fruit Plate** Seasonal fresh fruit and cottage cheese with a side of Mandarin Lime Salad 7.99

## SMALL PLATES

**Butternut Ravioli** Sundried tomatoes, garlic cream sauce, and parmesan cheese. *Entree Winner of the March of Dimes Chef's Auction & Rochester Magazine's Best Menu Item runner-up* 5.99

**Shrimp Nachos** Diced shrimp, pineapple, red and yellow peppers, Caribbean jerk sauce, cilantro, mozzarella cheese 6.99

**Baked Feta** Topped with fire roasted tomatoes served with Twigs chips 4.99

**Babcock Crispy Maple Sausage** Super lean sliced Babcock sausage lightly fried, topped with a maple drizzle, and served with a bleu cheese dip 4.99

**Babcock BBQ Pork Quesadilla** Smoked pulled pork, onion, colby jack cheese, in a crispy tortilla with jalapeno bbq dipping sauce 4.99

**Mexican Trio** Black bean and tomato quinoa, mango pico de gallo, and melted white cheddar cheese, served with tortilla chips 7.99

## SMALL PLATES CONT.

**Chicken Drumsticks** Four mini applewood smoked drumsticks in your choice of sauce: Tangy White BBQ, Pomegranate Mojito, or sweet and spicy General Tso sauce 5.99

**Babcock Mustard Apricot Sausage Medallions** Super lean sliced Babcock sausage in our mustard apricot sauce 4.99

**Green Bean Frittis** Fried green beans served with a bleu cheese dip and cayenne horseradish sauce 4.99

**Twigs Shrimp** Grilled shrimp with a pineapple apricot mustard sauce 4.99

**Sweet Rutabaga** Lightly coated and fried Rutabaga sticks topped with melted cheddar cheese and a raspberry curry sauce 4.99

**Fig Sausage** Lean sliced Babcock sausage and creamy feta drizzled in fig sauce 5.99

**Chardonnay Chicken** Chicken tenderloins in a garlic, Chardonnay cream sauce 4.99

**Hummus Duo** Choose two: Garlic, Pesto, or Chipotle hummus with fried pita chips 4.99

## TWIGS STRIPS

A thin pastry crust topped with fresh ingredients.

**Filet Mignon and Bleu Cheese** Thin sliced steak, caramelized onions, mushrooms, mozzarella, and bleu cheese 7.99

**Chicken Feta** Grilled seasoned chicken breast, feta, tomatoes, black olives, and tzatziki sauce 5.99

**Fresh Tomato Basil** Tomatoes, fresh basil, and mozzarella 5.99

**Bourbon Chicken** Grilled chicken, caramelized onions, bourbon sauce, and mozzarella 5.99

**BBQ Mashed** Babcock pork, mashed potatoes, onions, tangy bbq sauce, cheddar and mozzarella 5.99

**Peri Peri Shrimp** Diced shrimp, African-Portuguese Birdseye pepper sauce, green onions, cilantro, sprinkling of mozzarella. Choice of medium or hot 7.99

**Jalapeno Sausage Scramble Strip** Lean Babcock sausage, scrambled eggs, tomatoes, minced jalapenos, onions, sweet and spicy jalapeno drizzle, mozzarella, and Colby jack cheese. Served with crispy fried potatoes 7.50

**Mandarin Chicken** Grilled chicken, green onions, lettuce, mandarin oranges, and chow mein noodles 7.99

**Chicken Feta Fig** Seasoned grilled chicken, creamy fig sauce, green onions, and a light sprinkling of mozzarella 6.99

## SANDWICHES & BURGERS

Choice of french fries, fruit plate, or sweet potato fries.

**Babcock Pulled Pork** Shredded smoked pork, BBQ Sauce, melted cheddar cheese on a toasted hoagie bun 7.99

**Toasted Tuna Melt** Creamy tuna salad and melted swiss cheese on toasted wheat bread 8.99

**Cold Tuna Salad Sandwich** Same as above but served cold on toasted sour dough bread 8.99

**Ahi Tuna Wrap** Ahi Tuna, diced sundried tomatoes, ginger wasabi mustard, lettuce, mozzarella cheese, in a lightly grilled tortilla shell 7.99

**Barramundi Fish Sandwich** Lightly breaded 4oz sweet, flaky white fish filet served on a toasted hoagie bun. Served with our homemade tartar sauce 8.99

**Reuben** Sliced corned beef topped with sauerkraut and swiss cheese on our grilled marble rye bread topped with 1000 Island dressing 7.99

**Caribbean Chicken** Grilled chicken breast, topped with pineapple ring, jerk sauce on whole grain bread 7.99

**Apricot Turkey** Thinly sliced turkey breast, red onions, creamy apricot spread, on grilled cranberry rice bread 8.99

**Grilled Chicken** with side of Mayo 7.50

**Turkey Melt** Sliced turkey, bacon, melted cheddar, tomato, cajun mayo on whole grain bread 7.99

**Philly Cheese Steak** Grilled onions, green peppers, mushrooms, and swiss on a hoagie bun 8.99

**Abigail Chicken Sandwich** Grilled chicken breast topped with Swiss cheese and tomato onion feta spread 8.99

**Seany Burger** Swiss and cheddar cheese, BBQ and Blue cheese sauce 8.99

**Twigs Two Cheese Bacon Burger**

Choose Two: Cheddar, provolone, swiss, pepper jack, feta, bleu cheese 8.50

**Bourbon Burger** Sautéed onions and mushrooms, Swiss cheese, and bourbon sauce 7.99

## A LA CARTE

**Twigs Mashed Potatoes** 2.99

**Twigs Harvest Rice** 2.99

**Wild Rice** 2.99

**French Fries** 2.99

**Sweet Potato Fries** 2.99

**Fresh Seasonal Vegetable** 3.99

**Twigs onion, pepper, mushroom sauté** 2.99

**Sautéed Mushrooms** 1.99

**Consommé** 2.99

## MAIN PLATES

Choice of Twigs mashed potato, baked potato, creamy harvest rice, wild rice, fresh seasonal vegetable, french fries, or sweet potato fries.

**Tropical Balsamic Salmon** Grilled and basted with a balsamic glaze, topped with pineapple mango pico de gallo, served with Twigs sauté 16.99

**Baby Back Ribs** Tender Smoked baby back ribs with our special BBQ sauce, served with Twigs sauté 12.99

**Grilled Chicken** Chicken breast with choice of sauce: Bourbon, Raspberry Chipotle, Pineapple Apricot Mustard, or Sweet Jalapeno BBQ, with fresh vegetable 8.99

**Ahi Tuna** 6oz. grilled tuna steak served with ginger, wasabi, and our Ahi dipping sauce. Tuna is cooked to your choice of either rare or medium-rare 18.99

## PASTA

**Butternut Ravioli** Sundried tomatoes, garlic cream sauce, parmesan cheese *Entree Winner of the March of Dimes Chef's Auction & Rochester Magazine's Best Menu Item runner-up* 10.99

**Portobello Mushroom Ravioli** Mushrooms, onion cream sauce, parmesan cheese 12.99

**Italian Marinara Pasta** Whole wheat pasta with Babcock sausage lightly sauced with marinara, seasoned with fresh basil, mozzarella, tomatoes, onions, and parmesan 12.99

## PIZZA THICK CRUST

Single Topping 8.50

Each additional 0.75

Hamburger, Pepperoni, Sausage, Chicken, Canadian Bacon, Shredded Smoked Pork, Onion, Peppers, Mushrooms, Tomato, Pineapple, Black Olives, Jalapenos, Mozzarella, Feta, Bleu cheese, Cheddar

If you have special dietary needs, our chef is amazing and will try very hard to accommodate them. Please speak to your server to discuss your specific meal preparation.

## SAUCES

**Creamy Cayenne Horseradish** 1.00

**Bourbon Sauce** 1.00

**Raspberry Chipotle** 1.00

**Creamy Horseradish** 1.00

**Pineapple Apricot Mustard** 1.00

**Sweet Jalapeno BBQ** 1.00

**Homemade Cocktail Sauce** 1.00

**Melted Butter** 1.00

Twigs Tavern and Grille

Fetch a friend... Share a rock.

Full Lunch Menu: 11am to 4pm Monday through Saturday

Dinner served seven days per week

Located in the Best Western Soldiers Field

401 6th Street SW • Rochester MN • 507-288-0206